

# Women

## Government Links and Resources:

### **Center for Women Veterans**

[www.va.gov/womenvet](http://www.va.gov/womenvet)

### **Minnesota County Veteran Service Officers**

Minnesota County Veteran Service Officers are the best place to start when you are in need of services or want to know what benefits you have earned as a Veteran.

[www.macvso.org](http://www.macvso.org)

### **Minnesota Department of Veteran Affairs**

[www.mdva.state.mn.us](http://www.mdva.state.mn.us)

### **Minnesota Department of Veteran Affairs "LinkVet"**

Veterans Linkage Line: 1-888-LinkVet (1-888-546-5838). LinkVet is a toll-free, one-stop customer service line for all Minnesota veterans.

[www.minnesotaveteran.org](http://www.minnesotaveteran.org)

### **Military OneSource**

Military OneSource is a free service provided by the Department of Defense to service members and their families to help with a broad range of concerns including money management, spouse employment and education, parenting and child care, relocation, deployment, reunion, and the particular concerns of families with special-needs members. They can also include more complex issues like relationships, stress, and grief. Services are available 24 hours a day — by telephone and online. Many Military OneSource staff members have military experience (veterans, spouses, Guardsmen, Reservists), and all receive ongoing training on military matters and military lifestyle. The program can be especially helpful to service members and their families who live at a distance from installations.

[www.militaryonesource.com](http://www.militaryonesource.com) or 1-800-342-9647

## Community Resources:

### **Minnesota Service C.O.R.E. (*Case Management, Outreach, Referral & Education*)**

Free, confidential and caring professional support is available for Veterans, military members and their families. The Lutheran Social Services C.O.R.E. Program is offered statewide. We help you craft an individualized plan of action to access a broad range of wellness services: Individual, Couples, Children, and Families. Dial 1-888-881-8261

[www.lssmn.org/veterans](http://www.lssmn.org/veterans)

### **United Way 2-1-1**

United Way 2-1-1 is a free and confidential community helpline available 24 hours a day, 7 days a week. 2-1-1 helps people access information they need to navigate the ever increasing and complex array of human services. Dial 1-800-543-7709

[www.unitedwayhelps.org/pages/UnitedWay2-1-1](http://www.unitedwayhelps.org/pages/UnitedWay2-1-1)